

Vastu Times

Journal of Indian Traditional & Energy Architecture



Annual Issue 2025-26

Important Events

New Research

Prithwe Samanvaya

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From The Editor

As we look towards the future, with half of 2026 already behind us, only one thought comes to mind—the **best is yet to come**.

Every passing year brings new mysteries to unravel, deeper insights to discover, and moments of illumination that redefine our understanding. Our journey continues to be one of research, innovation, and learning—giving birth to new products, new philosophies, new teachings, and fresh perspectives that bridge ancient wisdom with modern science.

The past year has been another remarkable chapter in this journey.

In 2025, we successfully launched our **Five Elements Workshop Series**, beginning with **Earth and Akash**, followed by **Fire and Air** in **2026**. This transformative series will culminate with the **Water Workshop** in **August 2026**, completing our exploration of the five elemental energies.

One of the year's proudest moments came on 29th March 2026, when Ar. Mayank Barjatya was honoured with the Shri Bhandarkar Vijay Gyan Deepak Award by the Shri Mumbai Jain Yuvak Sangh, in recognition of his valuable contributions to research in the field of Jainism.

In 2026, we are excited to unveil Prithwe Samanvaya – The Five Dhyans at Prithwe—a vision that represents a return to our roots, a return to nature, and a reconnection with the very source of our wellbeing. Forgiveness Temple - a thoughtfully created space for release.

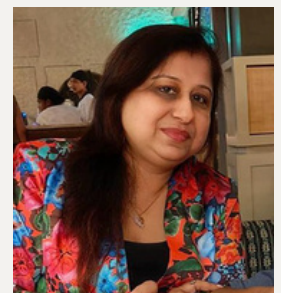
Until then, continue to question, continue to explore, and continue to believe that every new discovery opens the door to many more.



It has also been a significant year for Mayank Barjatya's research into Jainism. From **conceptualising and designing the logo for Shrutratna** to **presenting thought-provoking sessions on Jain philosophy and science at prestigious forums such as Rushabhayan 2 – International Conference**.

Another important milestone was the launch of **Indian Green website - www.indiangreen.com** our dedicated platform for healthy buildings, sustainable materials, and Building Biology.

Vrushali Kute
Editor-in-Chief



Top Events of the Year

Not just milestones achieved,
but lives inspired along the way



A glimpse into a year of meaningful milestones—sharing research, receiving honours, conducting workshops, and engaging with scholars, spiritual leaders, and seekers. Every event reflects a continued dedication to advancing knowledge, preserving ancient wisdom, and creating a positive impact through research and education.

February-2025

Presentation at SANJH - 1st.Feb

Vastu - Aura..Science..Spirituality..Architecture



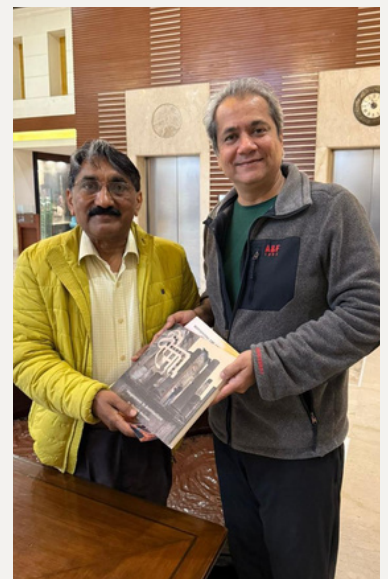
Mayank was invited to the **Northern Regional Conference in Association with the Ludhiana Architects association held at Ludhiana .**

A very interesting talk connecting and relating the importance of Vastu in Science , Spirituality and Architecture.



The felicitation by the Association became a meaningful moment of exchange and recognition.

Mayank also had the privilege of meeting several eminent architects, many of whom deeply appreciated his work and progressive approach to Building Biology — rooted in science, wellbeing, and a life-centric understanding of buildings.



WORKSHOP

INTERGATED PROCESS OF ENERGY RECTIFICATION

28th.Feb to 2nd.Mar - 2025



This year, we initiated our Workshop Series by laying a strong foundation — starting with the basics, the building blocks of energy science and space biology.

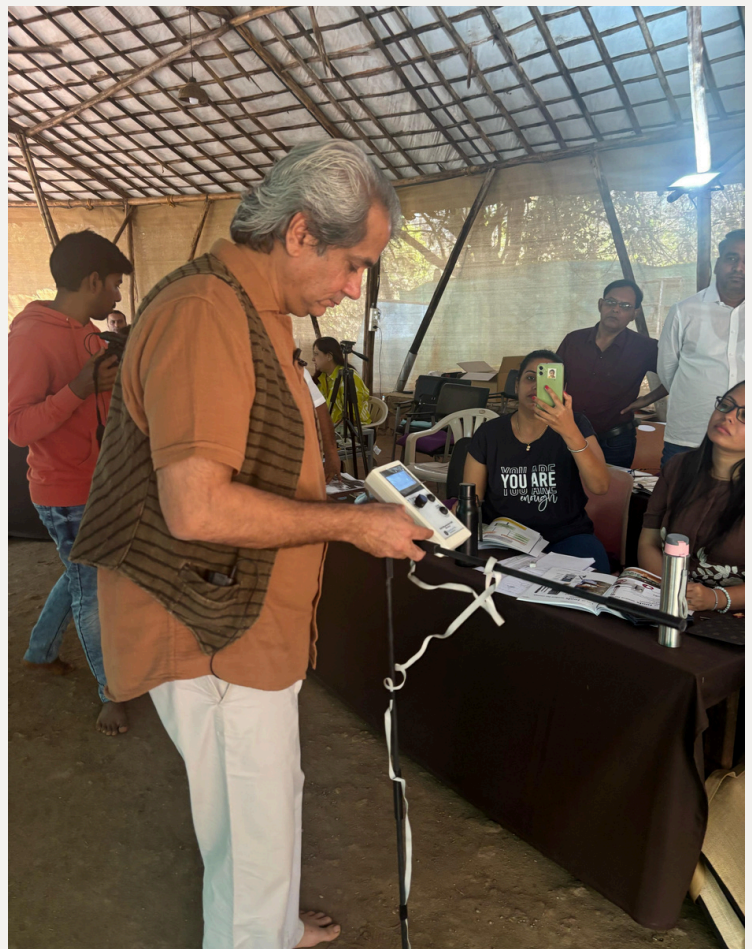
The workshop was designed as an immersive learning experience, guiding participants to understand not just what energies do, but how to read them, measure them, interpret them, and correct them.

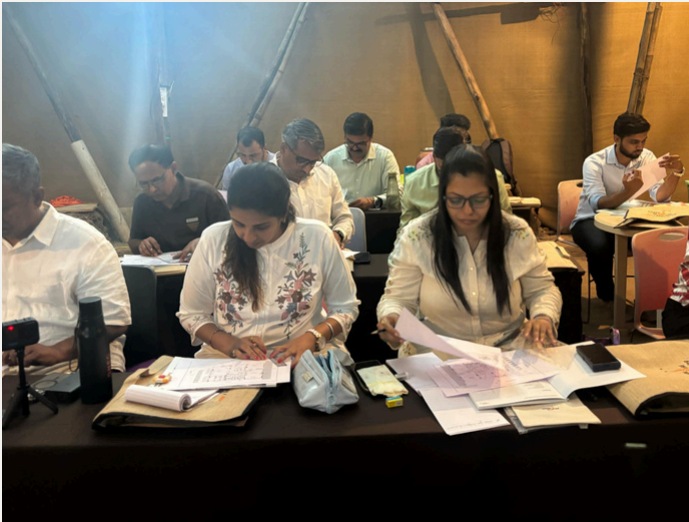
A major highlight was developing the ability to measure energies accurately, understand their patterns, and interpret human energetics vis-à-vis space — turning diagnostics into actionable rectification.



The key areas covered included:

- ♦ Understanding Energies — principles of subtle forces influencing humans and environments
- ♦ BioEnergy — the biological field and its interaction with space
- ♦ Geopathy — identifying geopathic stress and its impact on wellbeing
- ♦ Universal Protocol — using H3 Gold lecher antenna for measuring energy using the protocol.
- ♦ Energy Mapping & Rectification — in-depth spatial analysis and corrective processes
- ♦ Energy Measurement Training — learning to measure human and space energies using the H3 Gold Lecher Antenna
- ♦ Human-Space Interpretation — analyzing and interpreting human energy fields in direct relation to spatial energetics





Practical based teachings with Demonstano of Remedy Installation

May



One of the most significant milestones this year was the establishment of Shrutratna under the visionary guidance of Shri Vairagyarati Vijayji Maharaj Sahebji.

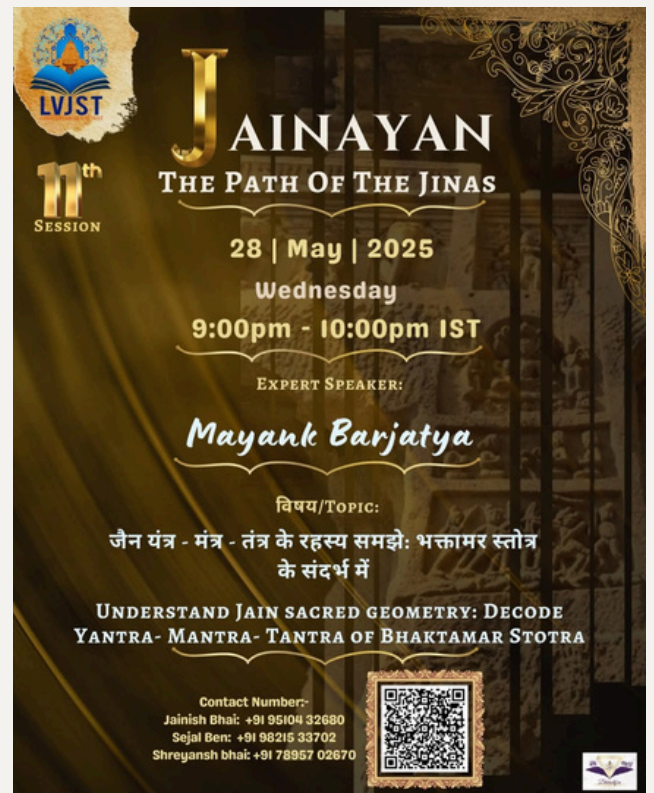
Mayank had the honor of being at the forefront of this initiative — leading the conceptualization, contributing to its identity, and translating its purpose into design.

HE ALSO DESIGNED THE LOGO AND CRAFTED THE VISUAL ESSENCE OF THE BRAND, INCLUDING THE CREATION OF THE SHRUTRATNA EMBLEM, MARKING A MEANINGFUL INTERSECTION OF SPIRITUAL INTENT AND CONSCIOUS DESIGN.

Mayank's association with Labdhi Vikram Jan Seva Trust has been pivotal in spreading his research on Bhaktamar and 48 Infinity energy.

This organization is a youth-led trust focused on preserving, nurturing, and advancing India's rich civilizational and cultural knowledge, particularly related to Jain heritage

To start with he conducted a series of Webinars - the first one being - Understanding Jain Sacred Geometry - Decode Yantra - Mantra - Tantra of Bhaktamar Stotra



June

Workshop The Earth Chapter Decoding Earth Energies

20th.- 22nd.June 2025



At the heart of the workshop was the concept of Earth as a living, communicative system. Participants were introduced to geomancy—the art of interpreting Earth’s subtle energies—and learned how ancient civilizations intuitively understood power spots, stone circles, and sacred alignments with the sun and moon. These were not mere rituals, but precise interactions with what can be called the invisible architecture of Earth.

The sessions delved into geobiology and geopathic stress, explaining how underground water streams, mineral deposits, and electromagnetic forces create energy grids such as Hartmann and Curry lines. When disturbed or negatively aligned, these energies can influence human health, productivity, and emotional well-being—sometimes even correlating with chronic illnesses.



Mayank - explaining Geo Stress mapping

Reading the Earth: Patterns, Symbols, and Geomantic Insight The Invisible Architecture of Earth: Energy, Hidden Forces, and Alignment Geo-Energy Mapping & Earth Diagnostics: A Vastuworld Perspective

It was learn and Practical workshop - Participants were made to Practice dowsing using various dowsing tools - L Rods , H3 Gold Lecher Antenna , making Power Spots



Through tools like the H3 Gold Lecher Antenna and traditional dowsing techniques, participants learned to identify these energy patterns and map geo-stress zones.

A key highlight was the introduction to geo-puncture techniques, inspired by acupuncture, aimed at healing disturbed land energies and erasing residual imprints of the past. The idea of “Earth-sky chimneys” and energy alignment further emphasized how built environments can either block or enhance natural energy flow.

The workshop also revisited ancient practices , from African earth divination methods to animal navigation systems, it became evident that Earth communication is both instinctive and learnable.

Ultimately, the program empowered participants to become modern-day geomancers— identifying power spots, and creating healthier, more harmonious living and working spaces - by analyzing defects and rectifying using Vastuworld Remedies

August

INDEPENDENCE DAY SPECIAL - A HELPING HAND FOR FARMERS

On the occasion of 15th August 2025, at Ashramshala Kurunji Village, Bhore
Ar. Mayank Barjatya (Prithwe), Mr. Vivek Agarwal (BSAF) extended their support to farmers through the Shetkari Mitra initiative by distributing high-quality fertilizers to 100+ farmers.



September



कुरुंजीत ११० गोणी खताचे वाटप

शेतकरी मित्राकडून
विधायक उपक्रम



भोर, दि. १७ (प्रतिनिधी)
- स्वातंत्र्यादिनी भाटघर घराण्याच्या उत्तरेकडील कुरुंजी (ता. भोर) येथील आश्रमशाळेत ध्वजारोहण करण्यात आले. शेतकरी मित्र कार्यक्रमाचे आयोजन केले होते. कार्यक्रमाच्या अध्यक्षस्थानी मयंक बरजाते या शेतकरी मित्रांनी गावातील ११० शेतकऱ्यांना उत्कृष्ट दर्जाच्या खत गोणीचे मोफत वाटप स्वखर्चाने केले. पुढील काळात शेतकऱ्यांना लागणाऱ्या मूलभूत सुविधाही पुरवण्याचे आश्वासन मयंक बरजाते यांनी दिले.

कुरुंजी येथील शासकीय आश्रमशाळेत स्वातंत्र्यदिन उत्साहात साजरा करण्यात आला. यावेळी सरपंच शकुंतला नलावडे यांनी ध्वजारोहण केले. ध्वजपूजन उपसरपंच विठ्ठल वरखडे व

सामाजिक कार्यकर्ते बापू कामथे यांनी केले. कार्यक्रमाचे आयोजन मयंक बरजाते यांनी खास शेतकऱ्यांसाठी केले होते. मयंक बरजाते हे पृथ्वी इयरथिंग सेंटरचे व्यवस्थापकीय संचालक आहेत. बरजाते यांनी शेतकऱ्यांना स्वखर्चाने मोफत खताचे वाटप करून शेतकऱ्यांना मार्गदर्शन केले. प्रमुख पाहुणे बीएसएफ फाउंडेशनचे व्यवस्थापकीय संचालक विवेक अग्रवाल, दिशा परिवार चॅरिटेबल ट्रस्टचे चेअरमन राजेंद्र चव्हाण यांनी मार्गदर्शन केले. यावेळी बीएसएफ फाउंडेशनचे संचालक विजय नरसिम्ह, सामाजिक कार्यकर्ते बापू कामथे, तंटामुक्तीचे अध्यक्ष माऊली नलावडे, बाळासाहेब शिळीमकर, बाळासाहेब नलावडे, कुरुंजी आश्रमशाळेतील शिक्षण व्यवस्थापन समितीचे अध्यक्ष संतोष माने, ग्रामपंचायत सदस्य दीपक कामथे, अधीक्षक एम. एन. राठोड, अधीक्षक एम. एन. रामटेक, शिक्षक, कर्मचारी, ग्रामस्थ उपस्थित होते. यावेळी आश्रमशाळेचे मुख्याध्यापक अंकुश चौगुले यांनी आभार मानले.

The event was graced by esteemed guests

-
Mr. Ankushrao Chogule (Principal Ashramshala Bhore). Mr. Vijay Narasimhan (BSAF),
Mr. Rajendra Chavan (Chairman, Disha Pariwar Trust),
Mr. Vitthal Nana Varkhade (Adhyaksh Bhatghar Dharangrast Punrvasan Seva Sangha, Bhore)

www.indiangreen.com

Indian Green Website was officialy launched on the auspicious day of Anant Chaturdashi - by Shri Dilip Kadam on 6th.Sept.2026

Indian Green - is India's pioneering advocate for Healthier living, specialising in desing solutions & building materials that prioritise human well being

The Akash Chapter Workshop

12th. to 14th. Sept 2025

From the Subtle to the Tangible – An Integrated Journey into Akash, Consciousness & Vantra

This three-day experiential workshop explored the connection between Akash, Prana, Quantum Mechanics, Consciousness, and the built environment, bridging subtle energy principles with their practical application in Vaastu.

Through meditation, Yantra drawing, Vastu walks, Vedic rituals, and experiential exercises, participants gained insights into the invisible dimensions that influence human wellbeing and space.



A key highlight was the introduction of the Vantra Paradigm—a pioneering approach to understanding consciousness and superconsciousness in architecture.

Participants explored Vantra as a universal design framework, its cultural relevance, and its practical application in residential spaces through design protocols and energetic principles.

The workshop concluded by integrating these concepts with Vaastu analysis, orientation, zone planning, marma principles, and space rectification techniques, offering a holistic approach to designing harmonious living environments.

Guest Lecture at MIT-ADT University - Health and Architecture - Building Biology 19th. Sept 2025



Ar. Mayank Barjatya shared his expertise on Health & Architecture: Building Biology 🏠🌿

From understanding Indoor Pollution, EMF, Geopathic Stress, Sick Building Syndrome, Radon Effects to exploring Healthy Homes & Home Health Audit Tools , the session was an eye-opener for future Architects.

A special thanks to MIT ADT School of Architecture & Planning and Ar. Ketaki Patwardhan ma'am For making this possible .



November



Pujya J. P. Gurudev - Acharya Pad Conferment Event 15th nov 2025

On 15th November, a day before the auspicious conferring of the Acharya Pad upon Pujya J. P. Gurudev, over 200 families were presented with the Navkar Meditation Power Device, each personally Blessed and Spiritually Energised by Gurudev

The intention was to sanctify the occasion through Namokar Mantra Sadhna, invoking the mantra's divinity through the collective participation of all families.

Scientifically designed on the principles of bioenergetics and sacred geometry and aligned to maintain the human energetic balance, this device works through two powerful circuits: **Absorbing Energy Tantra Circuit, drawing in channelised cosmic energy and Eliminating Energy Tantra Circuit, supporting the release of toxins and negative energies**



December

Indian Green, founded by Ar. Mayank Barjatya, received the prestigious ET Business Awards Dec 2025, presented by The Economic Times, under the category Excellence in Healthy Building Design & Building Biology.

The award acknowledges Indian Green's pioneering contribution towards integrating building biology principles with sustainable architectural practices focused on human health and environmental well-being.

ET BUSINESS AWARDS 2025

A spectacular evening to honour top business leaders

Excellence in Healthy Building Design & Building Biology

Mayank Barjatya, director with Viva Barjatya, director (marketing and business development) of Indian Green being felicitated

Beyond Green Buildings: Architect Mayank Barjatya's Vision for Health-Centric Real Estate

Architect Mayank Barjatya is a pioneering practitioner working at the intersection of architecture, Vastu Shastra, building biology and earth-centric design. With over 25 years of experience, his work goes far beyond conventional construction, exploring how built spaces can heal, balance, and elevate human life by aligning architecture with natural laws, bio-energetics, and human consciousness.

Through VastuworlD, founded in the mid-1990s, he has guided thousands of homes, institutions, and workplaces toward alignment with cosmic order, earth energies, and Vastu principles, seamlessly integrating ancient Indian wisdom with contemporary architectural practice. His approach views buildings not merely as physical shelters, but as energetic systems that interact continuously with human health, thought, and destiny. His deeper engagement with the living Earth found expression in Prithvi, a platform devoted to natural materials, barefoot living, soil intelligence, and elemental harmony—reconnecting people with the primal intelligence of land, water, stone, and wood. This work reflects his belief that true sustainability begins with direct sensory and energetic connection to nature.

Building upon these foundations, Indian Green represents Mayank Barjatya's next-level solution for developers and builders—a comprehensive Healthy Home and Healthy Habitat Consultation platform. Indian Green redefines sustainability by moving beyond material checklists, focusing instead on human well-being, indoor bio-energetics, building biology, sensory comfort, and long-term livability. It offers developers a structured framework to design healthy homes, residential communities, villas, townships, and hospitality projects that actively support physical health, mental clarity, and emotional balance.

Across all his work, one core belief remains constant: Buildings are not inert structures—they are living fields that shape health, behavior, and the future of human life.

For more details contact:
Indian Green, 14, Sopan Baug Housing Society, Sopan Baug, Pune 411001
Call: +91 9822573102
Email: indiangreenpune@gmail.com

Glimpses from Rushabhayan 2 – International Conference

17 July 19th–21st December 2025

Ar. Mayank Barjatya presented his research on "48 Infinity Energy"—a unique Sound-Geometry framework inspired by the Bhaktamar Stotra and the energetic legacy of Rishabdev.

With the blessings of Shraddheya Gurudev P. Pu. A. Bh. Shrimad Vijay Yashovarmasurishwarji Maharaj Saheb, and beautifully facilitated by Team LVJST Mumbai, the session witnessed a full house of dignitaries, revered Maharaj Sahebs, Sadhvijis, and devoted seekers of wisdom.

The conference also featured a dedicated exhibition showcasing Mayank's research and a range of divine energy products.

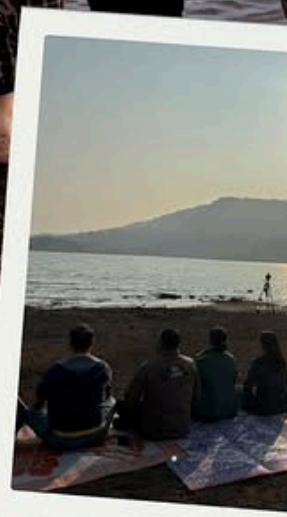
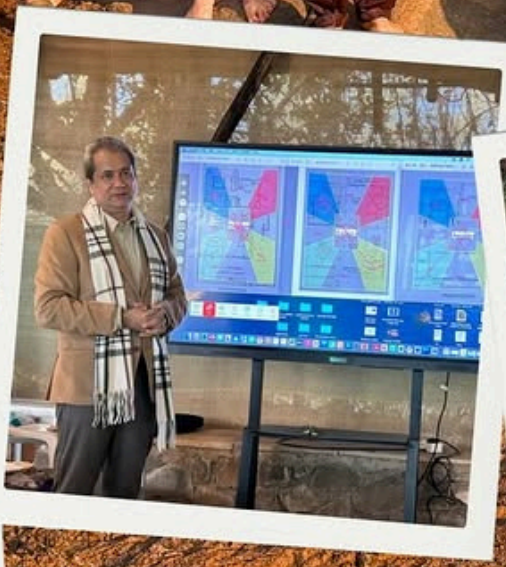


JANUARY 2026

Workshop - The Agni Chapter

A Journey into Energy, Space & Conscious Design

12th-14th January 2026 | Prithwe Earthing Center, Kurunji, Bhore



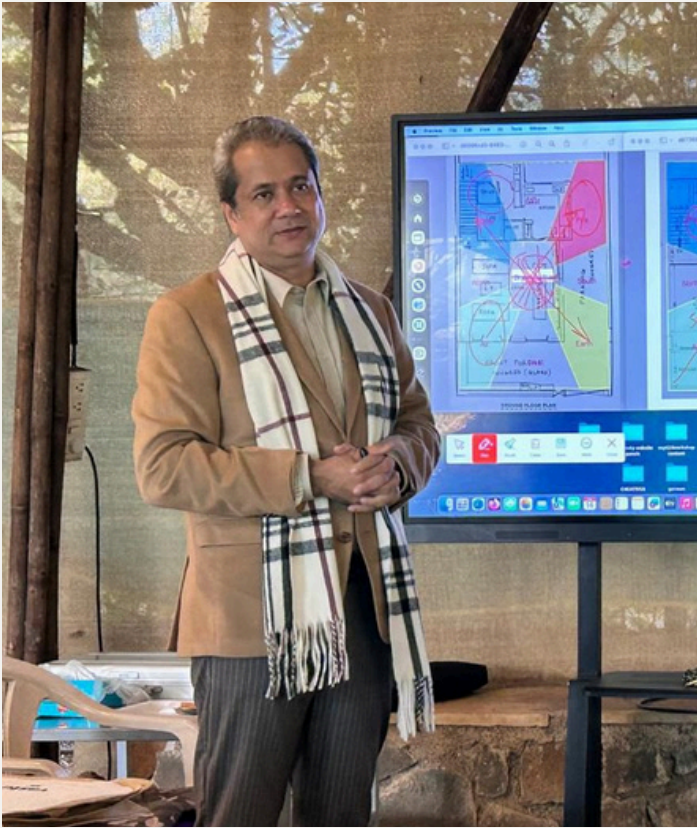
www.vastuworld.com

VASTUTIMES

www.vastuworld.com



Prithwe Earthing Center, Bhore



The Agni Chapter was a three-day immersive workshop that explored the principles of Energy Vastu, Building Biology, and human bio-energies through a blend of scientific learning and hands-on practice.

Participants gained practical insights into human energy analysis, energy measurements, paper dowsing, geopathic stress, zone planning, site assessment protocols, data interpretation, and remedy installation techniques.

The experience was enriched with lakeside meditation, a mindful forest walk, and meaningful interactions around the bonfire.



March 2026



It is with immense pride and pleasure that
SHREE MUMBAI JAIN YUVAK SANGH &
DEEPAK FOUNDATION

Confers

श्री भद्रंकरविजय ज्ञान दीपक एवोर्ड

for the year 2025
Presented to

SHRI MAYANK BARJATYA



In recognition of his outstanding contributions toward presenting **Jainism as a rational and profound system of knowledge.**

Through his innovative work, he has made significant contributions to the understanding of Jain philosophy by offering **scientific interpretations of its philosophical and cosmological principles through engineering-based analysis.** His pioneering approach successfully bridges **ancient Jain wisdom with modern scientific inquiry**, thereby expanding the academic and intellectual appreciation of Jain thought.

In appreciation of his dedicated scholarship and meaningful contribution to the preservation and interpretation of Jain knowledge traditions, we are pleased to felicitate him with the **Shri Bhadrakar Vijay Gyan Deepak Award**



Ar. Mayank Barjatya was honoured with the Shri Bhandarkar Vijay Gyan Deepak Award on 29th March 2026 by the Shri Mumbai Jain Yuvak Sangh, in recognition of his valuable contributions to research in the field of Jainism.

April 2026

Glimpses from the Workshop –

Scientific Vastu Rectification & H3 Gold Lecher Antenna

Part of the 5 Elements Series: Air Chapter (Growth & Development) -
24th. - 26th. April



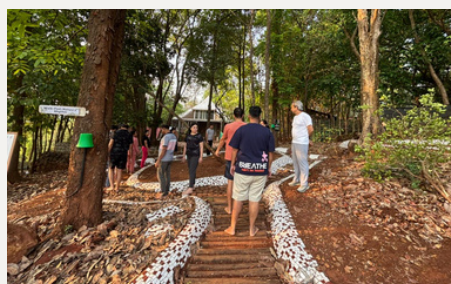
Exploring the subtle yet powerful element of Air—the force that connects, moves, and transforms everything around us.

Participants experienced practical, hands-on learning through:

- H3 Gold Lecher Antenna training
- Human Energy Field analysis
- Zone Plan preparation
- Geopathic Stress detection
- On-site & off-site measurement techniques
- Measuring the five key energies—Cosmic, Global, Telluric, Centripetal & Centrifugal
- Remedies & installation protocols
- Paper Dowsing and Geostress Mapping



A workshop that blended scientific understanding with real-time practical application, empowering participants with the tools to confidently assess and rectify energetic spaces.



UNVEILING @ PRITHWE



पृथ्वी समन्वय

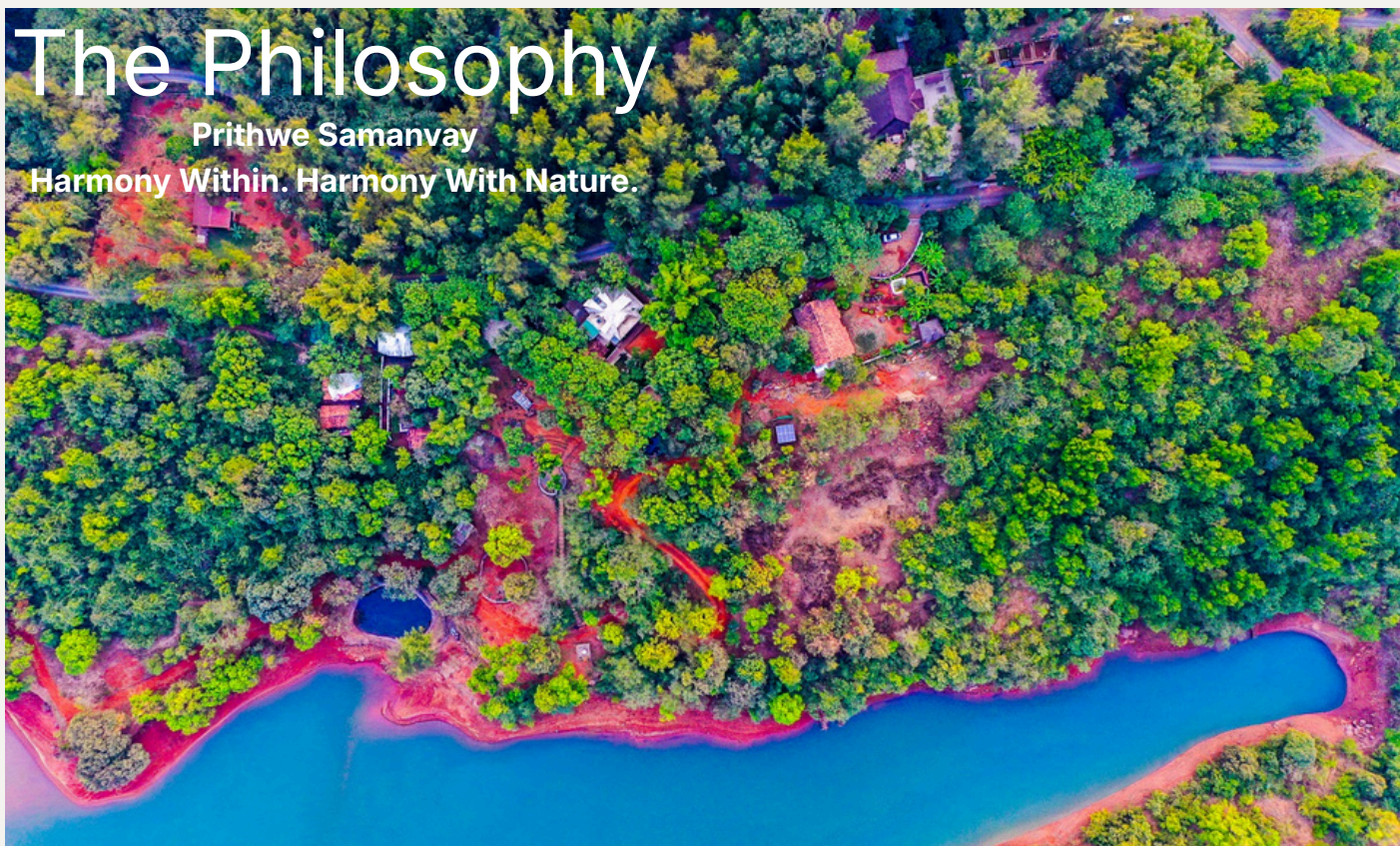
"WHERE INNER AND OUTER NATURE MEET."

A sanctuary where ancient wisdom, nature and conscious living come together to support holistic wellbeing

The Philosophy

Prithwe Samanvay

Harmony Within. Harmony With Nature.



Prithwe Samanvay is the guiding philosophy of the Prithwe Earthing Centre—a holistic approach to wellbeing based on the understanding that true health emerges when we live in harmony with ourselves and the natural world.

At its heart are five interconnected dimensions of life: **Sound, Spirit, Energy, Nature, and Emotions**. When these five forces are balanced, they create a state of inner coherence where the body relaxes, the mind becomes clear, emotions settle, and consciousness naturally expands.

Inspired by ancient wisdom and supported by contemporary understanding of **bio-energetics, grounding, sacred geometry, and vibrational sciences**, Prithwe Samanvay offers immersive experiences that gently restore this natural balance.

Through meditation, nature immersion, energy assessment, mindful practices, and self-reflection, every visitor embarks on a journey of reconnection—not to something new, but to their own innate state of harmony.

Prithwe Samanvay is not simply a wellness program—it is an invitation to experience life in balance, alignment, and conscious awareness.



PRITHWE SAMANVAYA

The Diapente Field of Consciousness
From Musical Harmony to Sacred Geometry, From
Earth Energy to Human Transformation

THE POWER SPOT

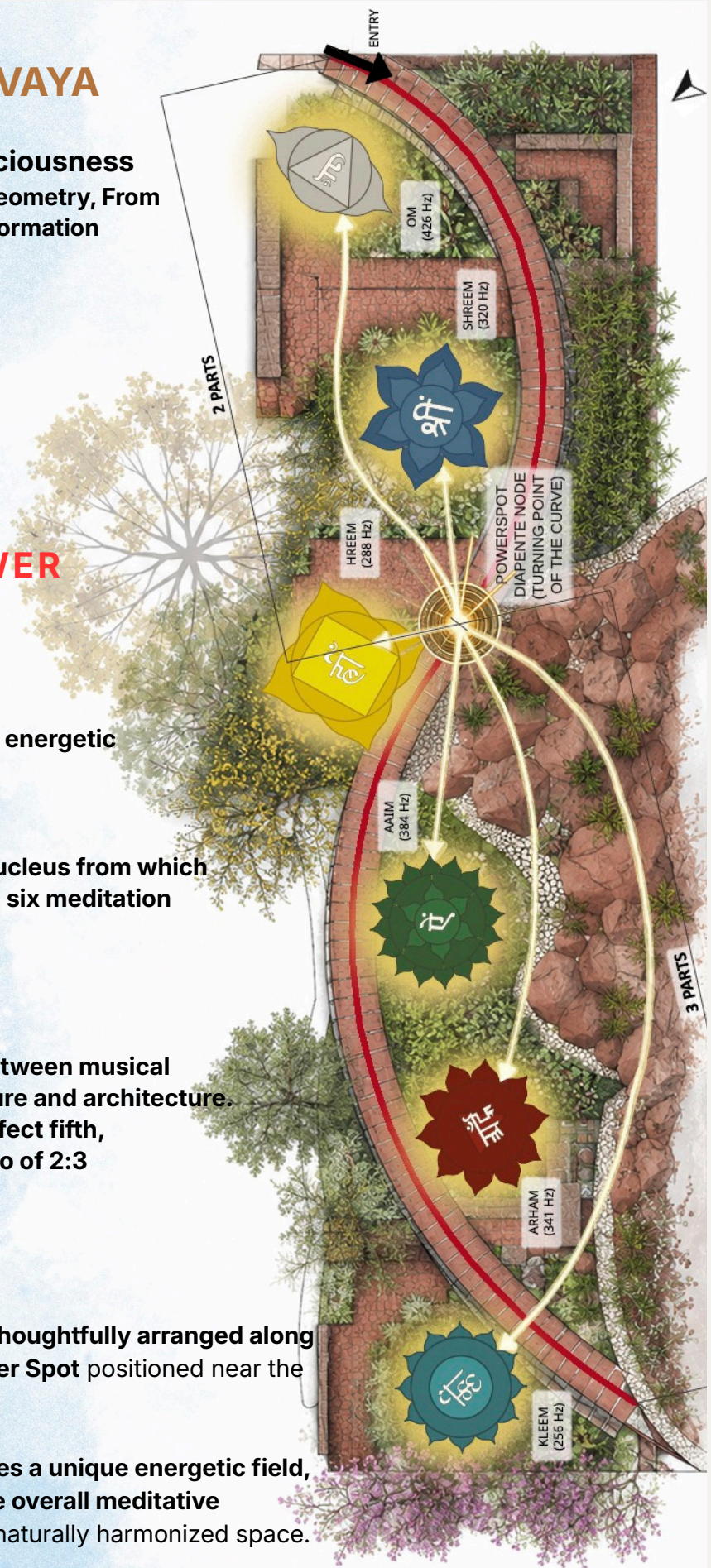
At the transition between the
"2" and the "3" segments -
the turning point on the curve a unique energetic
node

This point acts as the geo-biological nucleus from which
energetic pathways radiate towards all six meditation
pods

"Diapente" explores the connection between musical
harmony and visual proportions in nature and architecture.
It refers to the musical interval of a perfect fifth,
mathematically represented by the ratio of 2:3

These **Six Meditation Pods** have been thoughtfully arranged along
a **Diapente Curve**, with the **central Power Spot** positioned near the
third pod.

This **sacred geometric alignment** creates a unique energetic field,
**enhancing resonance, balance, and the overall meditative
experience** while inviting visitors into a naturally harmonized space.



Meditation Philosophy

Meditation Designed Around Your Energy - Understanding Your Inner Energy Blueprint

Every person carries a unique energetic signature that influences their physical health, emotional balance, mental clarity, vitality, relationships, and spiritual well-being.

Unlike conventional meditation programs where everyone follows the same practice, We believe that every individual requires a different meditative pathway depending upon their energetic profile.

Our assessment using an advanced bio-energetic measuring instrument (H3 Gold Lecher Antenna) identifies which of the body's energy systems require support and recommends a personalised meditation protocol.

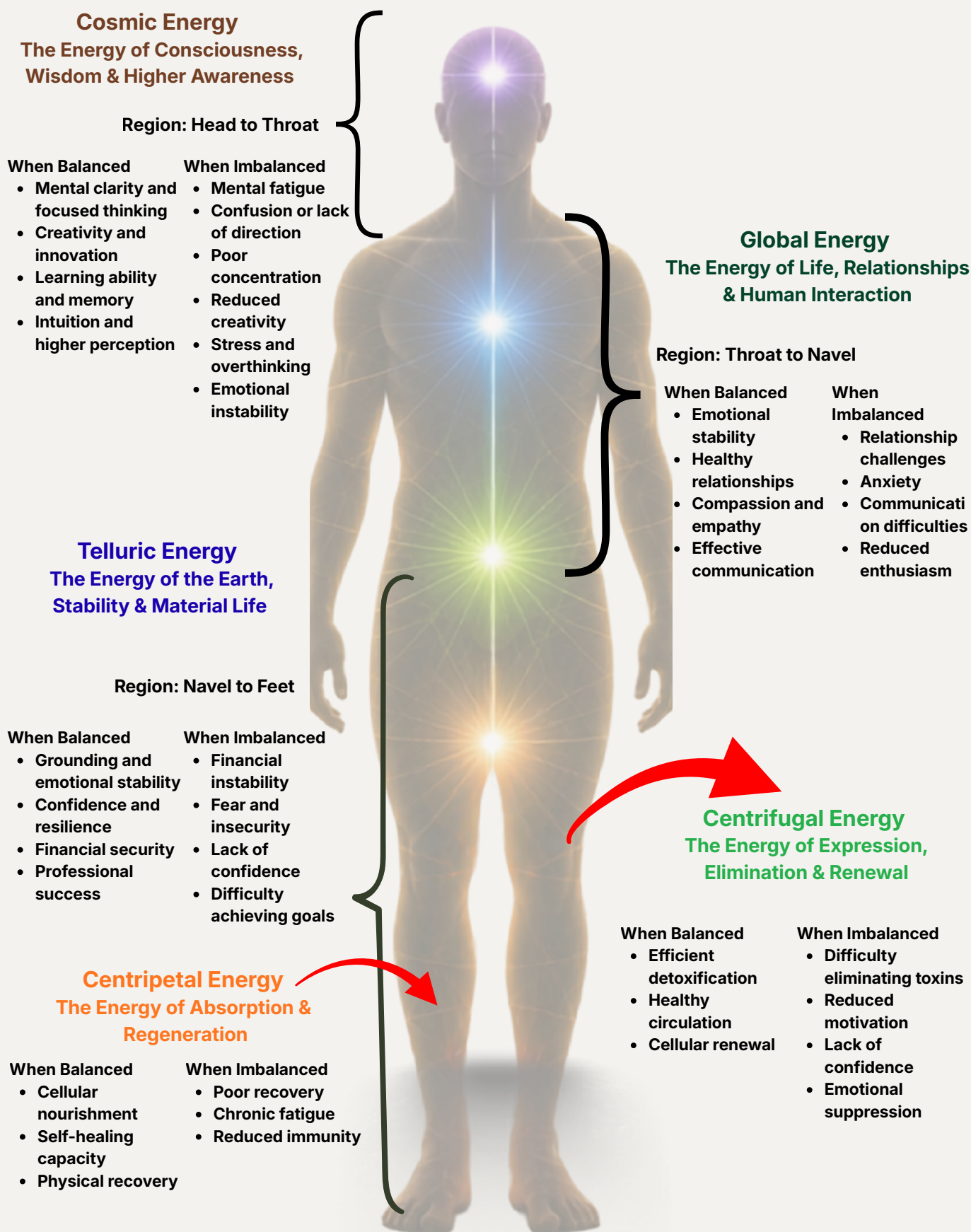
The Five Fundamental Energies of Human Life

According to the Prithwe Samanvaya Philosophy, every human being continuously interacts with five fundamental energy systems. Together, these energies shape our physical, emotional, mental, and spiritual well-being.



The Five Fundamental Energies of Human Life

Balance These Energies. Transform Your Life.



The Wellness Journey

Spanda Dhyān

The Integration of the Five Meditative Pathways – personalized as per your Energy Assessment

At Prithwe Samanvaya - meditation is not practised as a single technique but as a progressive journey that restores harmony across the body, mind, emotions, energy, and consciousness.

Our signature practice, Spanda Dhyān—the Meditation of Inner Vibration—brings together four complementary meditative pathways into one integrated experience, creating a holistic process that is unique to Prithwe.

The journey begins with **Beeja Akshar Dhyān**, where the subtle vibrations of the six sacred Beej Aksharas quieten mental chatter, regulate the nervous system, and prepare the mind for deeper awareness.

It then progresses into **Anant Urja Dhyān (Infinity Energy Awakening)**, a personalised sound meditation based on the individual's energetic assessment.

This practice combines :

**Six Beej Aksharas,
48 Bhaktamar Stotras,
Sacred geometry of the meditation pods,
Cymatic and Solfeggio Sound frequencies**
to restore energetic balance and awaken higher consciousness.

The experience then expands through -

Aranya Dhyān -

where the forest itself becomes the meditation teacher. Through Earthing, sensory awareness, silence, mindful movement, forest yoga, natural detoxification, and self-introspection, participants reconnect with Nature's intelligence, helping reduce stress, restore mental clarity, and rebalance the body's natural energy systems.

Kshama Dhyān-

completes the journey through emotional and karmic cleansing. Rooted in the timeless Jain principle of forgiveness, this practice gently releases accumulated emotional burdens such as anger, guilt, grief, resentment, and fear through guided meditation at the Kshama Mandir, self-forgiveness practices, forest contemplation, and the Fire Bowl Ritual, creating space for compassion, acceptance, and inner freedom.

Take it with YOU



This is just the beginning.

*Come and experience these energetic practices
and remedies.*

*Whenever you need grounding or a RESET come to
Prithwe.*



Article –

Mayank's contribution to VJ – an initiative by Vilas Javdekar to create awareness and provide homebuyers with authentic, research-based knowledge for making informed decisions.



PRINTED ONLY FOR PRIVATE CIRCULATION BY VILAS JAVDEKAR DEVELOPERS, PUNE.

Your Home is Alive. Are You in Sync With It?

When we choose a home, we think about location, views, carpet area, and amenities. Rarely do we pause to ask a more fundamental question: Is this space energetically right for me?

That question is at the heart of a new monthly series in VJ Connect — VJ Healthy Homes — where we bring you insights from one of India's most respected voices in building energy science.



Ar. Mayank Barjatya,
Founder of Vastuworld, Pune.

Ar. Mayank Barjatya is not your conventional Vastu consultant. A practising architect since 1995 with a Bachelor's degree from Pune University and a Master's in Ecology & Environment from New Delhi, Mayank has spent over 25 years at the intersection of ancient

Indian spatial science and modern building biology. He learned the discipline of Building Biology in Germany — a rigorous science focused on human-space compatibility — and brought it back to India, becoming one of its earliest and most prominent practitioners. His work spans hundreds of projects across Pune, Mumbai, Delhi, Bangalore, Dubai, Singapore, and Bali, including landmark assignments for GMR Airports and the Amaravati Capitol Complex under legendary architect B.V. Doshi. He is based right here in Pune, and has been a trusted energy consultant for Vilas Javdekar Developers for years.

Three Principles. One Healthy Home.

Mayank opens every conversation with a simple but powerful framework:

"Whenever you are looking at a house, you should understand three basic principles — Health, Happiness, and Harmony. If you are healthy, you are happy, and you have a good relationship with your family members — that is the perfect Vastu place." And that ideal, he explains, can only be achieved when you are energetically resonating with the vibration

of the space you live in.

Energy First. Directions Later.

Most people think of Vastu purely in terms of directions — which room faces north, where the kitchen should be. Mayank reframes this entirely. **"Directions are only 5%. 95% is energy."** The correct and complete term, he emphasises, is not just "Vastu" but **Vastu Shilpa Shastra** — Vastu meaning the living space, Shilpa meaning form or body, and Shastra meaning science. Together: the science of space and the human body. This science works across three energy layers that every home holds

— the **Earth Layer** (the land energy that shelters and holds the building), the **Environmental Layer** (local influences between the earth and its occupants), and the **Cosmic Layer** (universal energy that guides the space). When all three are in alignment, everything else — including directions — falls into place naturally.

How This Works at Every VJ Project

This is not philosophy. At Vilas Javdekar Developers, this is process. Before a single foundation is laid, Mayank visits the land alongside Aditya Javdekar and the core team. He reads and measures the earth's vibrations,



understands what the land is expressing, and aligns the developer's creative intent with those energies. The orientation of the building, the geometry of spaces, even the placement of rooms — all of it is informed by what the land holds. Mayank describes it as a beautiful hierarchy:

"The land holds the building. The building holds the apartment. The apartment holds your bedroom. The bedroom holds your bed. And then you are in synchrony with the whole system."

That synchrony — invisible but deeply felt — is what makes a VJ home more than a well-built address. It is a space designed to support your wellbeing from the ground up, quite literally.

VJ Healthy Homes will return next month with a deeper exploration of earth energies and what happens when a building is truly in tune with its land.

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